



In aid of the Mayor's Appeal - Macmillan Cancer Support

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

# CHARITY CYCLE & WALK

## Sunday September 6th, 2009

Cycle along Trevithick Trail from the Co-Operative, Pentrebach at 12.00pm

Walk along Taff Trail from Aberfan Community Centre at 10.00 am

Followed by a



Climbing Wall

Fly Fishing

Fire Engine

Canoe Polo

Police Display

Plus many more attractions

Come along and enjoy a fun family day out.

Finishes 5.00 PM - Own Transport Required

Why not have your family and friends to sponsor you, all proceeds will go to the Mayor's Appeal, sponsor forms available off our website [www.merthyr.gov.uk](http://www.merthyr.gov.uk) or from the Mayor's Office, Civic Centre, Tel. (01685) 725320, Libraries, Leisure Centres and Communities First Offices in Treharris, Trelewis and Bedlinog.

